

Briarcliff Child Care Centers

Sample 2022 Menu

<p>4 AM Snack: Cheerios Lunch: Roasted chicken Mashed potatoes Green Beans Pineapple PM Snack: Pita triangles and cream cheese</p>	<p>5 AM Snack: Waffles Lunch: Ancient grain pancakes Chicken sausage Roasted potatoes Applesauce PM Snack: Chex Mix</p>	<p>6 AM Snack: Cheerios Lunch: Broccoli & Chicken casserole Basmati rice Fresh Strawberries PM Snack: Tangerine and veggie straws</p>	<p>7 AM Snack: Home-made Zucchini Bread Lunch: Asian style noodles w/chicken Stir fried veggies Sweet roll Diced Pears PM Snack: String Cheese and Ritz crackers</p>	<p>8 AM Snack: Blueberry bagels Lunch: Wholewheat cheese pizza Broccoli florets w/ ranch Apple Slices PM Snack: Chex Mix</p>
<p>11 AM Snack: Peaches & Cream Oatmeal Lunch: Meatless Monday! Vegetable Lasagna Green Beans Sliced oranges PM Snack: Strawberry smoothie</p>	<p>12 AM Snack: Cinnamon raisin toast Lunch: Fiesta turkey Taco W/shredded cheese Sweet yellow corn Tropical fruit PM Snack: Strawberries and graham crackers</p>	<p>13 AM Snack: Oatmeal & Banana Cookie Lunch: Broccoli & Chicken casserole Basmati Rice Strawberry PM Snack: Nutrigrain bar</p>	<p>14 AM Snack: Yogurt & Raspberries Lunch: Breakfast for Lunch! Ancient Grain Pancakes Chicken sausage Oven Roasted Potatoes Apple slices PM Snack: Banana and nilla wafers</p>	<p>15 AM Snack: Buttered Biscuits Lunch: Whole wheat cheese pizza Green beans Fresh Watermelon PM Snack: Pita triangles with cream cheese</p>
<p>18 AM Snack: Croissants Lunch: Meatless Monday! Black Beans & Rice Green Beans Diced Peaches PM Snack: String Cheese and Ritz crackers</p>	<p>19 AM Snack: Cheerios Lunch: Meatball Sub on whole wheat bun Green Peas Mandarin Oranges PM Snack: Chex mix</p>	<p>20 AM Snack: Home-made Banana bread Lunch: Homemade Vegetable Lasagna Whole Wheat Roll Tropical fruit PM Snack: Yogurt with blueberries</p>	<p>21 AM Snack: Home-made Zucchini Bread Lunch: Asian style Veggie Fried Rice w/ chicken Stir fried veggies Sweet roll Diced peaches PM Snack: Applesauce and Ritz crackers</p>	<p>22 AM Snack: French toast Lunch: Whole wheat cheese pizza Carrots w/ ranch Applesauce PM Snack: Strawberry smoothie</p>
<p>25 AM Snack: Fresh Fruit w/Granola Lunch: Cheese Quesadilla Mexican Rice Green Beans Diced peaches PM Snack: Cuties tangerine and veggie straws</p>	<p>26 AM Snack: Waffles Lunch: Chicken Selects(N) Fluffy White Rice, Sweet Corn Banana half PM Snack: Nutrigrain bar</p>	<p>27 AM Snack: blueberry bagels Lunch: Grilled Chicken Sandwich on whole grain bun w honey mustard, Green Beans Apple Slices PM Snack: Fresh watermelon</p>	<p>28 AM Snack: French Toast Lunch: Turkey Meatball Sub Green Peas Peaches PM Snack: String cheese and crackers</p>	<p>29 AM Snack: Croissants Lunch: Whole Wheat Cheese pizza Green Beans Tropical Fruit PM Snack: Chex Mix</p>
				

Fresh Organic Milk offered by BDC with all lunches
All Chicken served are natural, antibiotic free and grain fed.

Key:
(O) = Organic
(N) = Natural